

28th Allalin Race in Saas-Fee

Racing down the Allalinhorn

This year the legendary Allalin Race in Saas-Fee will take place from 16 to 18 April. The course starts at a heady 3,600 metres above sea level, and the finish line is 1,800 metres below, at the Kalbermatten sports ground. This high-speed, 9 km course is certainly no easy challenge.

The Allalin Race is an exhilarating 9 km downhill dash, descending 1,800 metres. Participants pass through an awe-inspiring glacial landscape, over impressive escarpments and through hair-raisingly narrow passages, such as the infamous *Kanonrohr* (barrel of a gun), before heading for the safety of the finish line at the Kalbermatten sports ground. The Allalin Race is literally a breathtaking challenge for amateur and professional racers alike. Each year it attracts several hundred competitors from all over Switzerland and abroad.

Four categories

Participants have the option of entering four different racing categories: the Team Race, the Fun Team Race, the His and Hers Race, and the individual men's or women's races. The Fun Team Race is the perfect option for those who want to take it a little easier, as this event is all about the fun of taking part. Stopping at the various mountain restaurants along the way is almost mandatory and dressing up is actively encouraged. Believe it or not, some teams in this category have apparently taken over five hours to "race" down to the finish line. By contrast, the ambitious, highly trained athletes who take part in the individual men's or women's races can complete the course in less than five minutes! An incredible achievement, given the difficulty and length of the descent. Of course, onlookers may well question the sanity of the skiers and snowboarders hurtling down the mountain at such speeds. They may be crazy, but they're certainly up to the challenge. However, other racers shouldn't be intimidated by these professionals; they should enjoy the impressive performances while looking forward to their own events. After all, the reason for the continued popularity of the Allalin Race is that anyone can take part. Young or old, amateur or professional, snowboarder or skier, lone wolf or team player – there is something here for everyone. And anyone who can't decide which discipline is for them can sign up for several at once.

After the races on Friday and Saturday, participants and spectators will gather at the finish area to celebrate the day's events and dance the night away. Food and drink, musical entertainment and a party atmosphere will keep them going through to the early hours.

Programme

Friday, 16 April 2010

HERS & HIS-Race

Team-Race

Fun-Team-Race

Saturday, 17 April 2010

Individual Women- & Men's Races

Sunday, 18 April 2010

Reserved Day

Further information regarding the course and the programm:

www.saas-fee.ch/allalin-rennen.

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